

Introducing...



# Private Chef Meal Planning

...In your home by Chef Bradley

## Stress- Free Meal Planning Made Easy!

Working in conjunction with you about your families dietary needs and taste profiles, Chef Bradley will create 1 to 3 meals a day for up to 10

days. They are put in your freezer, refrigerator and/or pantry and ready to go! All you have to do is heat and serve!

Scratch-made by an award winning American Culinary Association and Serv-Safe Certified Chef!

The meals are created in your own home with local seasonal ingredients. Let Chef Bradley

create your menu or come up with your own menu of favorites.

It's very simple, once the menus are decided upon, Chef Bradley will shop for everything you need, prepare the food in your home, package each item based on the meal with easy-to-read labels in reusable containers and clean up!



*Save time with meals that are chef- prepared and ready to go straight from your fridge or freezer!*

### Types of Meals Available

- Home-Style Dishes
- Vegetarian or Vegan
- Low-Fat Foods
- Food Allergy Aware
- Healthy Snack Foods
- Holiday Dinners
- And Many More...

### Pricing Structure

All packages include meal planning, shopping, cooking, packaging, and complete menu with heating instructions.

Meals include entrees and appropriate side dishes; desserts available at an additional fee. Use of 100% Organics available for an additional fee.

- Please Contact Chef Bradley for pricing structure.
- Click on the "Contact" link at the top of the page for contact options.

## Who Could Benefit From Private Chef Meal Planning?

Those that are not able to cook for themselves due to arthritis or other health related issues.

For the people that are having family in town and don't have the time or patience to create all those extra meals!

People that entertain a lot and want to offer great food to impress.

For the busy career parents that just don't have time to create scratch-made healthy meals.

For the family that are going on a long road trip and don't want to eat at fast-food joints.

Those trying to make an impression on that first date or romantic get-together.

The sky's the limit!

Learn more about Chef Bradley at <http://cheflabarre.com>